

Elder Services of the Merrimack Valley Inc.
February 2019 Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Vegetarian Chef Salad w/Egg & Chickpeas Pasta Salad Dinner Roll Tropical Fruit
4 California Chicken Salad w/Cranberries Tomato Salad Pasta Salad Wheat Bread Mandarin Oranges	5 Egg Salad Cucumber Feta Salad English Pea Salad Wheat Bread Fig Bars	6 Seafood Salad Pasta Salad Spinach Salad Multigrain Bread Tropical Fruit	7 Grilled Chicken Salad Macaroni Salad Wheat Roll Fresh Fruit	8 Roast Beef & Cheese Tomato Salad Corn Salad Wheat Bread Apple Slices
11 Sliced Turkey & Cheese Summer Potato Salad Broccoli Slaw Oat Bread Ambrosia	12 Tuna Salad Cauliflower Carrot Salad Balsamic Pasta Salad Lorna Doones Oat Bread	13 Egg Salad Potato Salad Summer Squash Salad Rye Bread Tropical Fruit	14 Chicken Salad Broccoli, Feta & Orzo Salad Beet Salad Wheat Bread Fresh Fruit	15 Chef Salad w/Turkey and Egg Macaroni Salad Wheat Roll Mandarin Oranges
18 President's Day No Meals Served	19 Roast Beef & Cheese Cole Slaw Greek Pasta Salad Multigrain Bread Tapioca Pudding	20 Egg Salad Potato Salad Rivera Salad Wheat Bread Vanilla Pudding	21 Turkey Chef Salad English Pea Salad Wheat Roll Fresh Fruit	22 Chicken Curry Salad Corn Salad Zucchini Salad Oatmeal Bread Mixed Fruit
25 Seafood Salad Balsamic Pasta Salad Cole Slaw Multigrain Bread Mandarin Oranges	26 Turkey & Cheese German Potato Salad Tomato Salad Oatmeal Bread Chocolate Pudding	27 Chicken Salad Carrot Pineapple Salad Black Bean Salad Bulkie Roll Mandarin Oranges	28 Roast Beef & Cheese Broccoli Orzo Salad Cucumber Dill Salad Wheat Bread Peaches	29 Egg Salad Garden Salad English Pea Salad Rye Bread Tropical Fruit