

**Elder Services of the Merrimack Valley, Inc.**  
**November 2018 – Cold Supper Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Egg Salad Garden Salad Summer Potato salad Rye bread Tropical Fruit	2 Seafood Salad Garden Pasta Salad Spinach Salad Multigrain Bread Fig Bars
5 Chef Salad w/Turkey English Pea Salad WW Roll Fresh Fruit	6 Tuna Salad Potato Salad Cuke, Feta & Onion Salad Multigrain Bread Fresh Fruit	7 Pesto Caesar Salad w/Grilled Chicken Garden Pasta Salad WW Roll Mandarin Oranges	8 Egg Salad Summer Squash Salad Tri-Color Pasta Salad Rye Bread Diet Pudding	9 Turkey & Cheese Cauliflower Salad Summer Potato Salad Multigrain Bread Ginger Snaps
12  <b>No Meals Served Veteran's Day</b>	13 Turkey & Cheese Carrot Raisin Salad English Pea Salad Rye Bread Fresh Fruit	14 Tuna Salad Italian Pasta Salad Zucchini Salad Multigrain Bread Fig Bars	15 Egg Salad Root Vegetable Salad Summer Potato Salad Wheat Bread Diet Pudding	16 Rst Beef & Cheese Broccoli Slaw Garden Pasta Salad Rye Bread Pears
19 Curry Chicken Salad Tomato & Pepper Salad Corn Salad Oat Bread Mandarin Oranges	20 Chicken Salad Summer Squash Salad Greek Pasta Salad Wheat Bread Mandarin Oranges	21 Rst Beef & Cheese Italian Pasta Salad Riviera Salad Scali Bread Fresh Fruit	22  <b>No Meals Served Thanksgiving</b>	23  <b>No Meals Served Day After Thanksgiving</b>
26 Seafood Salad German Potato Salad Garden Salad Tropical Fruit Rye Bread	27 Egg Salad Root Vegetable Salad Beet Salad Wheat Bread Applesauce	28 Rst Beef & Cheese Zucchini Salad Corn Salad Oat Bread Pistachio Pudding	29 Vegetarian Chef Salad (Chickpeas & Egg) Balsamic Pasta Salad Dinner Roll Tropical Fruit	30 California Chicken Salad w/cranberries Broccoli Slaw Italian Pasta Salad Wheat Bread Mandarin Oranges